## UPPER GI SERIES INSTRUCTION SHEET X-RAY DEPARTMENT, DARNALL ARMY COMMUNITY HOSPITAL

You have been referred by your physician for an Upper GI series. This is an examination of your esophagus and stomach and part of the small intestine. You will be given a pleasant tasting barium mixture in liquid form. Following this fluoroscopic examination of your esophagus, stomach and small intestine will be taken. This examination will take approximately 30 minutes. You may however spend up to 3 to 4 hours in the X-Ray department if a small intestine study is required. Some of the waiting time is also so that the x-rays can be properly checked and to make sure that the examination is completed properly checked and to make sure that you follow these instructions so that the examination can be performed successfully. After completion of your examination, the radiologist will prepare a report, which will be forwarded to your referring physician.

Have nothing to eat after the evening meal the night before the examination. No fluids of any kind after midnight. No smoking or chewing gum after midnight. No breakfast the morning of the examination. Please bring a list of the medications that you are currently taking with you to your exam.

## DO NOT INHALE ANY COOKING FOOD ODORS THE MORNING OF THE **EXAMINATION**

It is recommended that you take a laxative of your choice after completion of the study (for those with problems of constipation).

NAME	DATE	TIME

FH MDA HO 270 (Revised) **DEPARTMENT** 1 Feb 95 ARMY COMMUNITY HOSPITAL

Phone: 288-

**DARNALL** 

**RADIOLOGY** 

8300

NAME